

Orange Almasicle Smoothie

1 Serving

335 calories per serving when using 8 tbsp Almased
[290 with 6 tbsp Almased / 380 with 10 tbsp Almased]

- 6-8 tbsp Almased* (See chart above)
- 4 oz carrot juice
- 4 oz orange juice
- 2 oz heavy cream
- ½ tsp vanilla extract
- ½ cup ice



Pour the carrot juice, orange juice and cream into the blender. Next add your own personal measured serving of Almased*. Add the vanilla extract and ice. Start blender on low speed then blend on high for 30 seconds. Serve in chilled glass.

