

RECOMMENDED DOSE (ADULT): Take 3 capsules daily, 10 minutes before breakfast.

WARNING: Do not exceed the recommended daily dosage. Pregnant or breastfeeding woman, children under the age of 18, and individuals with a known medical condition should consult a physician before using this product. The use of drugs or other dietary supplements that cause sleepiness is not recommended.

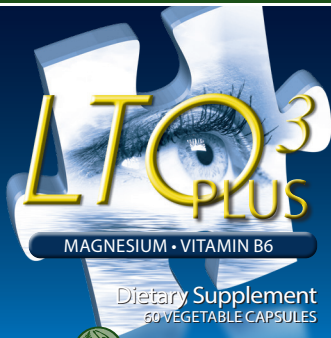
The use of drugs or other dietary supplements that cause sleepiness is not recommended. This product is manufactured and packaged in a facility which may contain milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

STORAGE: Keep bottle tightly closed in a cool and dry place.

KEEP OUT OF REACH OF CHILDREN.

** These statements have not been evaluated by the Food Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SEAL AROUND CAP IS MISSING OR BROKEN.



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 20

	Amount Per Serving	% Daily Value*
Calories	5	
Protein	1g	
Vitamin B6 (as pyridoxal 5-phosphate)	150 mg	8820%
Magnesium (as magnesium bisglycinate)	150 mg	35%
Sodium	5 mg	<1%
Sementis™ herring milt 15:1 extract equivalent to 4,5 g fresh milt	300 mg	†
L-Theanine	300 mg	†
Skullcap (Scutellaria lateriflora) 4:1 Aerial Parts Extract equivalent to 150 mg	37.5 mg	†

*Percent Daily Values are based on a 2,000 Calorie diet.

† Daily Value not established

Other ingredients : Hypromellose (vegetable capsule), L-leucine.

Batch number: Expiry date:

Distributed by:

Herb-e-Concept Inc.
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1 855 972-6888



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