

## Yumbelievable RAW Fit™ Smoothie

### 1-2 Servings

- 1 scoop Garden of Life RAW Fit Protein Powder
- 2 cups fresh carrot juice (unpasteurized)
- 1 Tablespoon coconut butter (or "coconut manna")
- 1 Tablespoon avocado
- 1 Tablespoon Garden of Life RAW Organics™ Super Omega
- 3 Organic Chia Seed
- ½ teaspoon vanilla extract
- 6 to 8 ice cubes

Place all ingredients into a blender and blend until smooth. Enjoy immediately!

By Gwen Marzano, Garden of Life Educator and Certified RAW, Vegan Chef



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